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SQUARE UP THE FAMILY LIVING BUDGET

The cost of farm family living is continually going higher. This is partly due to higher prices; however, the greatest increase comes from planning the family budget to include goods and services that make for better living.

In general these demands are justifiable but somewhere in family living it will be necessary to make a cash saving in order to have these goods and services and use normal farm income to meet operating costs, capital goods expenditures and for debt payment.

The food farm families can produce for their own tables has traditionally been one of the advantages of living on a farm. Many studies show that the more of their own food farm families produce the better and less expensive their diets.

Home production of food takes time and labor, and the trend now is for the farm homemaker to lighten her work by buying more of the labor-saving food products on the market. A danger worth noting is that farm family diets may rate lower nutritionally even though the homemaker saves time and labor.

The home production of food should be given special consideration in order to keep farm diets up to par in such nutrients as vitamin A and C from fruits and vegetables, calcium from milk and proteins from milk, eggs and meat. In general if vegetables are not produced the family does not buy enough to provide an adequate amount.

In view of the money-saving phase as well as good nutrition, home production of food deserves special consideration by the family. If they use their own home produced food they will come much closer to getting 100% on the dollar. The farmer's share of the consumer's dollar spent for food in 1952 was 48 cents.

The above points should be given emphasis at the time of planning. We need to plan for a good standard of living. However, in order to do this, money management must be stressed.

An investment in efficient home equipment might be warranted if it would enable the family to increase the amount of their home produced and conserved food by a small amount each year.

FOOD IN THE FAMILY LIVING

The cost of food for the family living is considerably higher. This is partly due to higher prices; however, the greatest increase comes from changing the family budget to include food and nutrition and not for better living.

In general, these demands are justifiable but somewhere in family living it will be necessary to make a real saving in order to have these goods and services and use normal family income to meet existing needs. Capital goods expenditures and for debt payment.

The food for families can produce for their own families as traditionally been one of the advantages of living in a town. They needed show that the cost of their own food for families produce the better and less expensive their diets.

Home production of food takes time and labor, and the trend now is for the home producer to lighten his work by buying more of the food and eating food produced on the market. A farmer would prefer to let his family share and make lower nutritional value through the home and save time and labor.

The home production of food should be given special consideration in order to keep food up to par in such markets as wheat, corn, and other products of vegetables, which are not produced from soil, and meat and milk. In general, it is not possible to produce the family food not try enough to provide an adequate amount.

In view of the new living phase as well as good nutrition, home production of food demands special consideration by the family. If they can afford to have produced food they will have more time to produce food on the family. The family's share of the consumer's dollar is spent for food in 1935 was 42 cents.

The above points should be given emphasis at the time of planning. We need to give a good standard of living, however, in order to be able, many arguments must be presented.

An investment in efficient home equipment might be very good if it would enable the family to have any of their own produced and consumed food in a small amount each year.